

ATT&CK Community Workshop

Purple Teaming with Attack Flow

Denise Tan

Overview

1. Visualizing results in a heatmap
2. Different approach to interpreting results
3. Utilizing Attack Flow for Purple Teaming
4. Key takeaways from Attack Flow
5. Attack Flow Builder



Profile of Fictional Company

“QuestLab
Inc.”



Research Institute with
<20 employees



Security stack

Microsoft 365 Business Premium

- EDR: Defender for Business
- Firewall: Windows Defender Firewall



Email

Microsoft Outlook

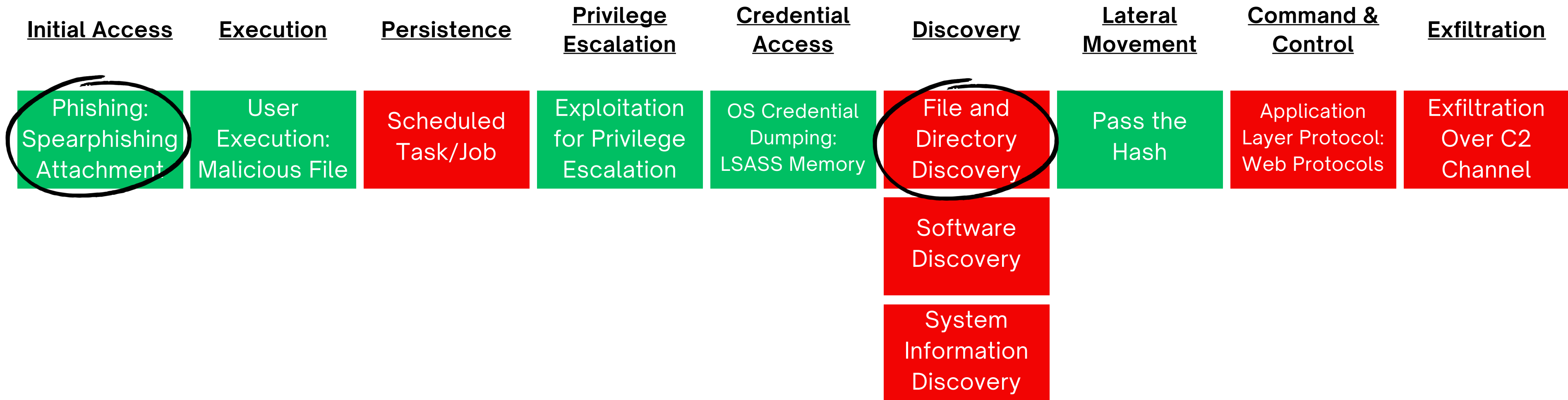
Traditional Approach: Visualizing Results in Heatmap

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Command and Control	Exfiltration
Content Injection	Command and Scripting Interpreter	Account Manipulation	Abuse Elevation Control Mechanism	Abuse Elevation Control Mechanism	Credentials from Password Stores	Account Discovery	Exploitation of Remote Services	Archive Collected Data	Application Layer Protocol	Automated Exfiltration
Drive-by Compromise	Exploitation for Client Execution	Boot or Logon Autostart Execution	Access Token Manipulation	Access Token Manipulation	Modify Authentication Process	File and Directory Discovery	Internal Spearphishing	Data from Configuration Repository	DNS	Data Transfer Size Limits
Exploit Public-Facing Application	Inter-Process Communication	Event Triggered Execution	Account Manipulation	Domain Policy Modification	OS Credential Dumping	Permission Groups Discovery	Lateral Tool Transfer	Data from Information Repositories	File Transfer Protocols	Exfiltration Over Alternative Protocol
Hardware Additions	Native API	Hijack Execution Flow	Boot or Logon Autostart Execution	Execution Guardrails	/etc/passwd and /etc/shadow	Software Discovery	Remote Service Session Hijacking	Data Staged	Mail Protocols	Exfiltration Over C2 Channel
Phishing	Scheduled Task/Job	Modify Authentication Process	Domain Policy Modification	File and Directory Permissions Modification	Cached Domain Credentials	System Information Discovery	Remote Services	Email Collection	Web Protocols	Exfiltration Over Other Network Medium
Spearphishing Attachment	Shared Modules	Scheduled Task/Job	Escape to Host	Hide Artifacts	DCSync	System Location Discovery	Replication Through Removable Media		Communication Through Removable Media	Exfiltration Over Physical Medium
Spearphishing Link	System Services	At	Event Triggered Execution	Hijack Execution Flow	LSA Secrets	System Network Configuration Discovery	Taint Shared Content		Content Injection	Exfiltration Over Web Service
Spearphishing via Service	User Execution	Container Orchestration Job	Exploitation for Privilege Escalation	Impair Defenses	LSASS Memory	System Network Connections Discovery	Use Alternate Authentication Material		Data Encoding	Scheduled Transfer
Spearphishing Voice	Malicious File	Cron	Hijack Execution Flow	Indicator Removal	NTDS	System Owner/User Discovery	Application Access Token		Data Obfuscation	Transfer Data to Cloud Account
Replication Through Removable Media	Malicious Image	Scheduled Task	Process Injection	Masquerading	Proc Filesystem	System Service Discovery	Pass the Hash		Dynamic Resolution	

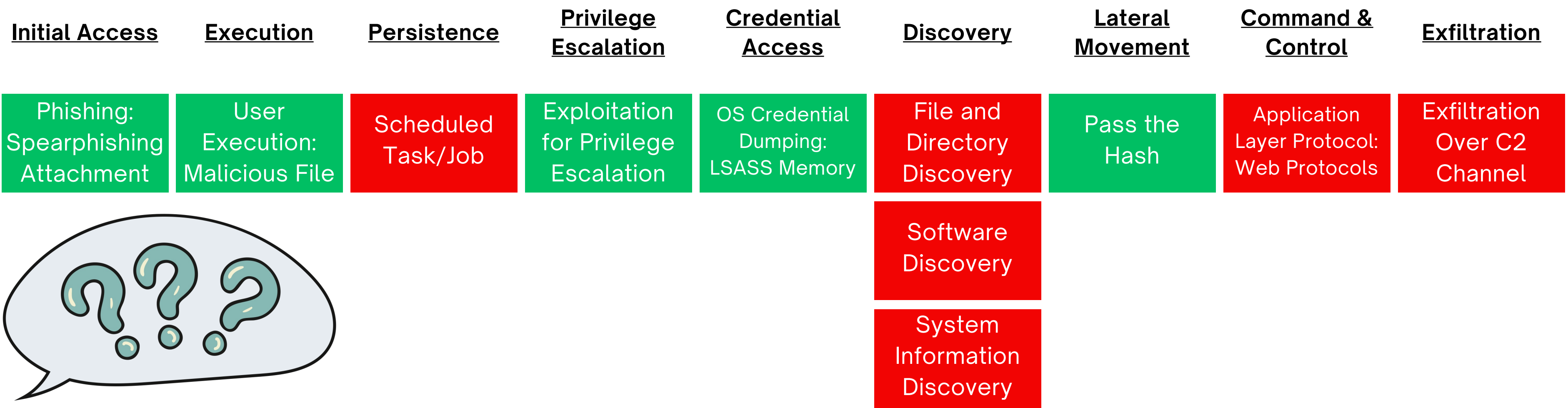
Note:

- Highlighted techniques are based on APT29's campaigns
- Heatmap generated via MITRE ATT&CK Navigator

Traditional Approach: Visualizing Results in Heatmap



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Traditional Approach: Visualizing Results in Heatmap

<u>Initial Access</u>	<u>Execution</u>	<u>Persistence</u>	<u>Privilege Escalation</u>	<u>Credential Access</u>	<u>Discovery</u>	<u>Lateral Movement</u>	<u>Command & Control</u>	<u>Exfiltration</u>
Phishing: Spearphishing Attachment	User Execution: Malicious File	Scheduled Task/Job	Exploitation for Privilege Escalation	OS Credential Dumping: LSASS Memory	File and Directory Discovery	Pass the Hash	Application Layer Protocol: Web Protocols	Exfiltration Over C2 Channel
					Software Discovery			
					System Information Discovery			



However...
It may not be realistic to
colour every cell green!

Traditional Approach: Visualizing Results in Heatmap

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Other limitations:

Views techniques in an atomic manner

Lacks context - dependencies exist between each technique

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Software
Discovery

System
Information
Discovery



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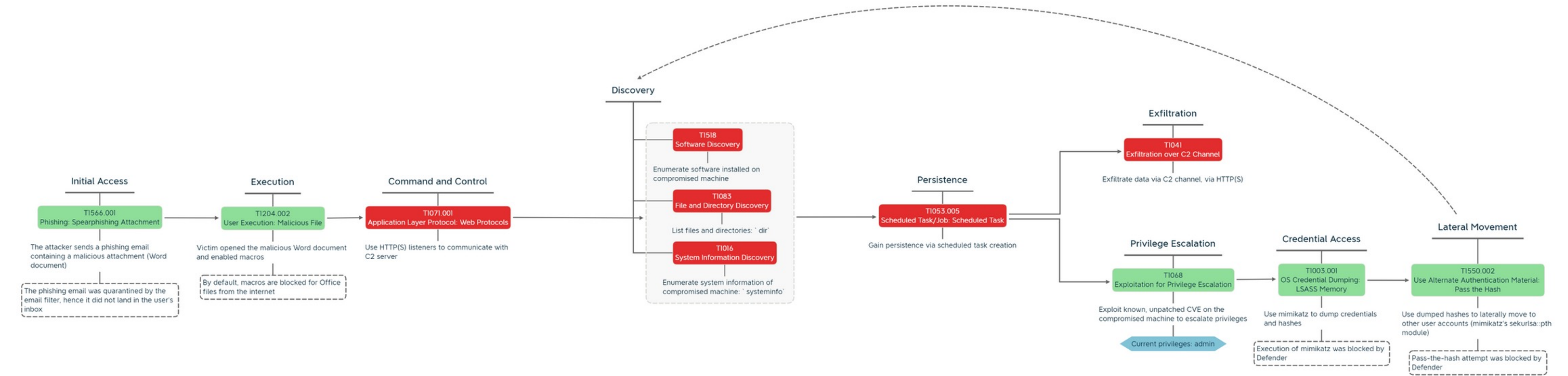
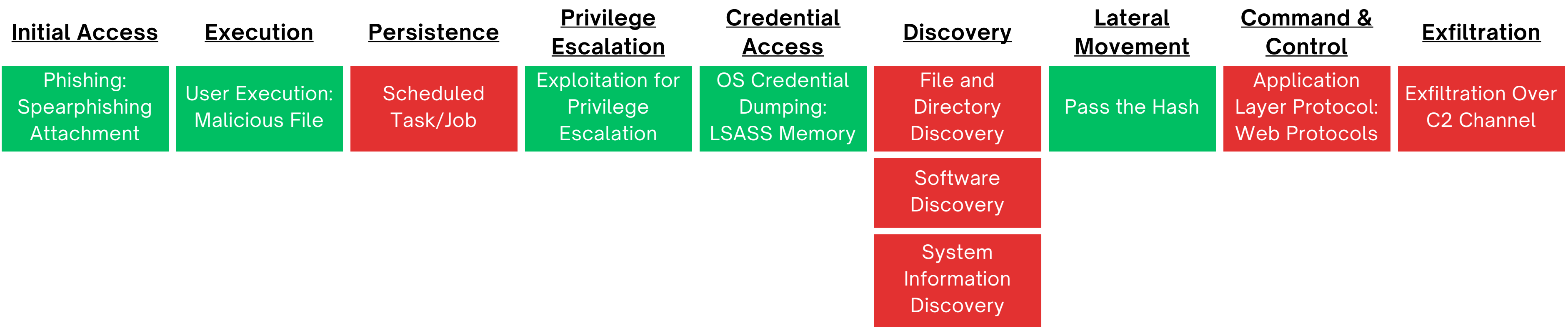
Given QuestLab's limited
security budget, how should
we choose what to fix?

Other limitations:

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Lacks context - dependencies exist between each technique

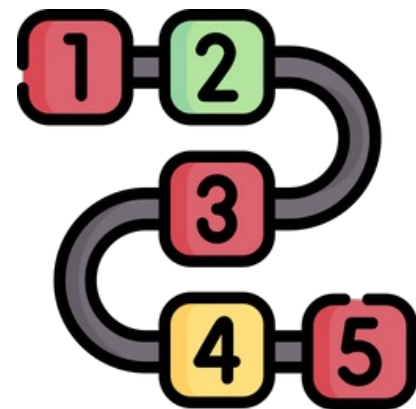
Heatmap vs Attack Flow



What is Attack Flow?



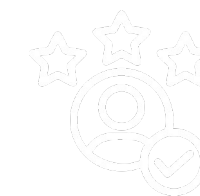
Accurate reflection of security posture



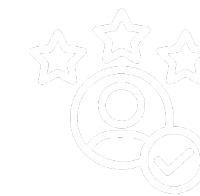
Sequences of adversary behavior



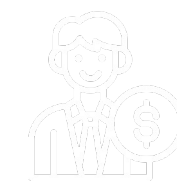
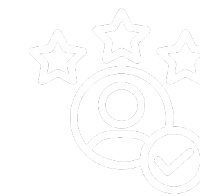
TTPs in the context of adversary campaigns



Heatmap vs Attack Flow

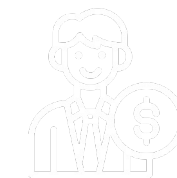
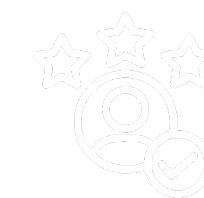


Heatmap vs Attack Flow



Heatmap vs Attack Flow

Heatmap



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Heatmap



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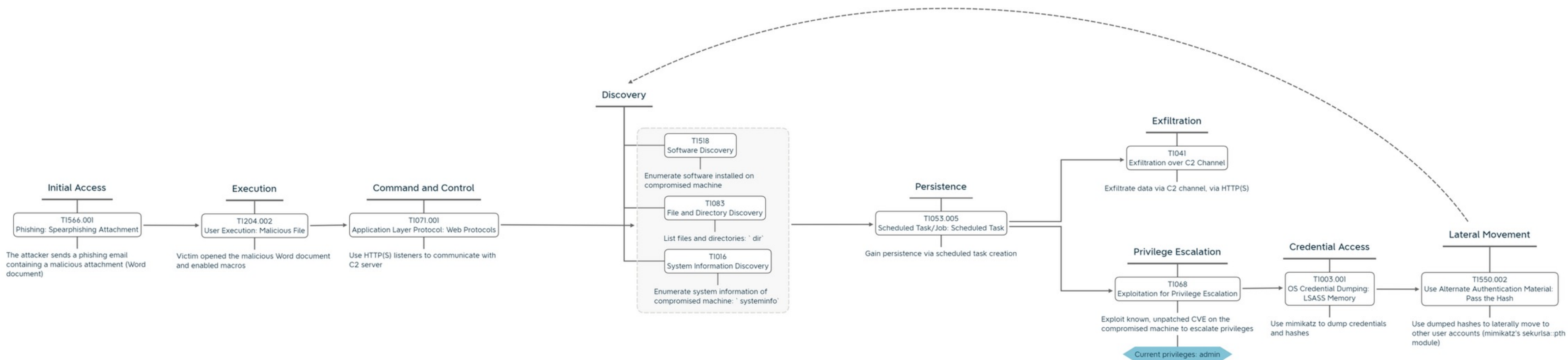
Heatmap



Attack Flow



Pre-Exercise: Attack Flow



Start of Campaign

Tactic

Initial Access

Technique

Execution

Command and Control

T1566.001

Phishing: Spearphishing Attachment

T1204.002

User Execution: Malicious File

T1071.001

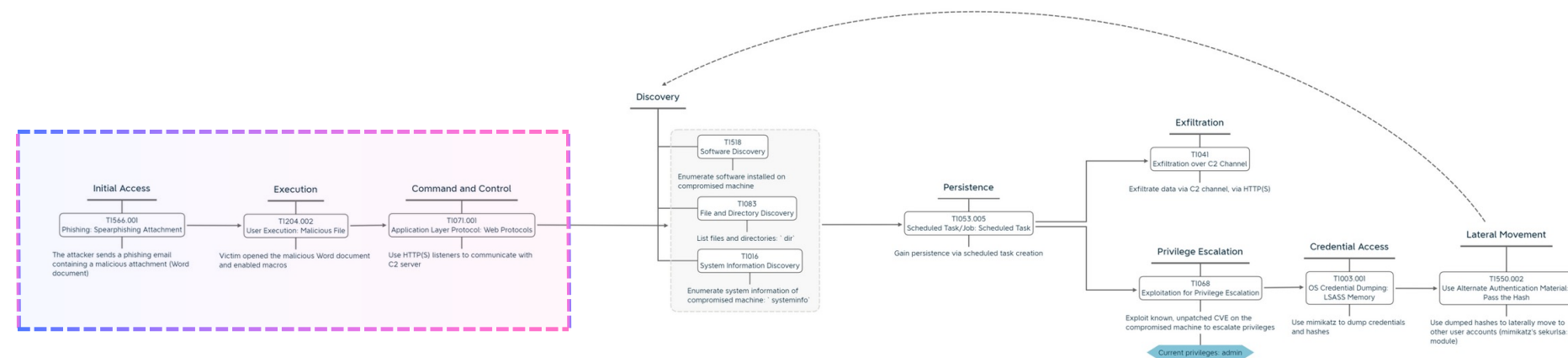
Application Layer Protocol: Web Protocols

The attacker sends a phishing email containing a malicious attachment (Word document)

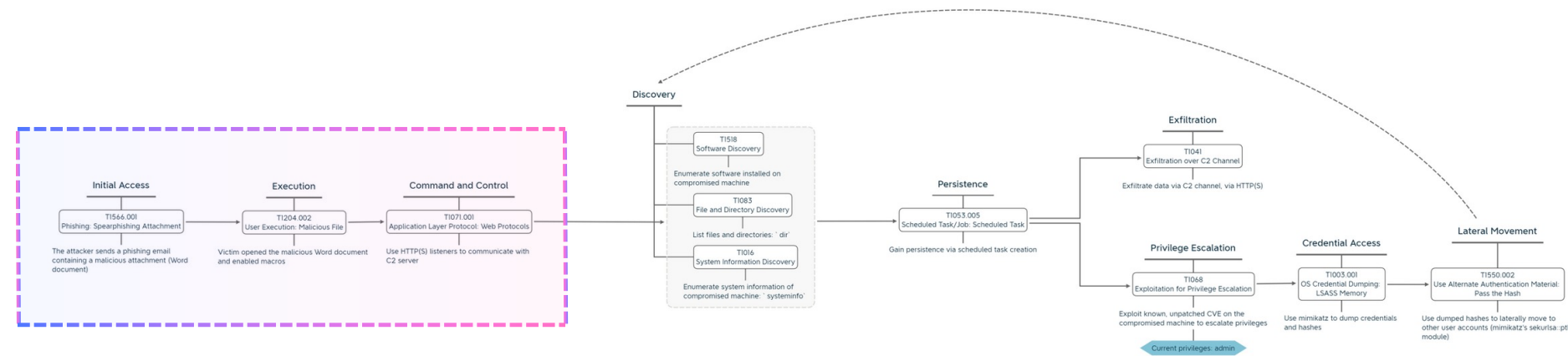
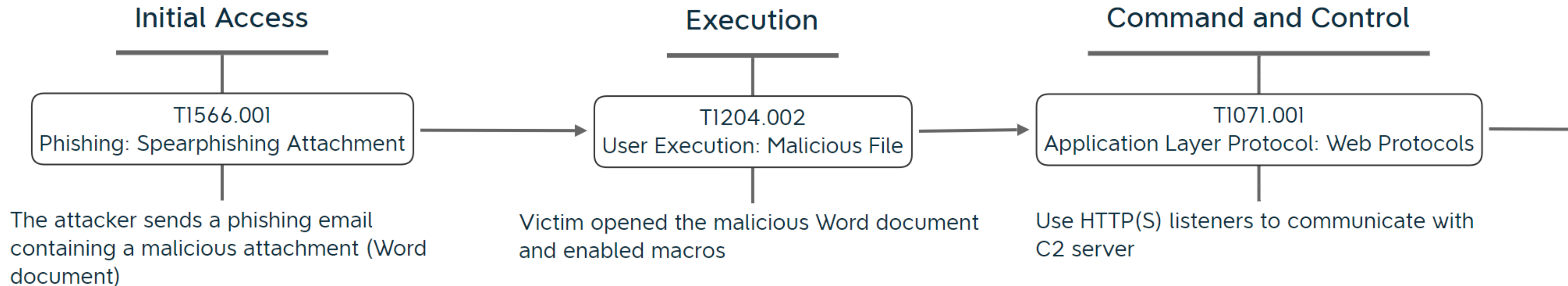
Victim opened the malicious Word document and enabled macros

Use HTTP(S) listeners to communicate with C2 server

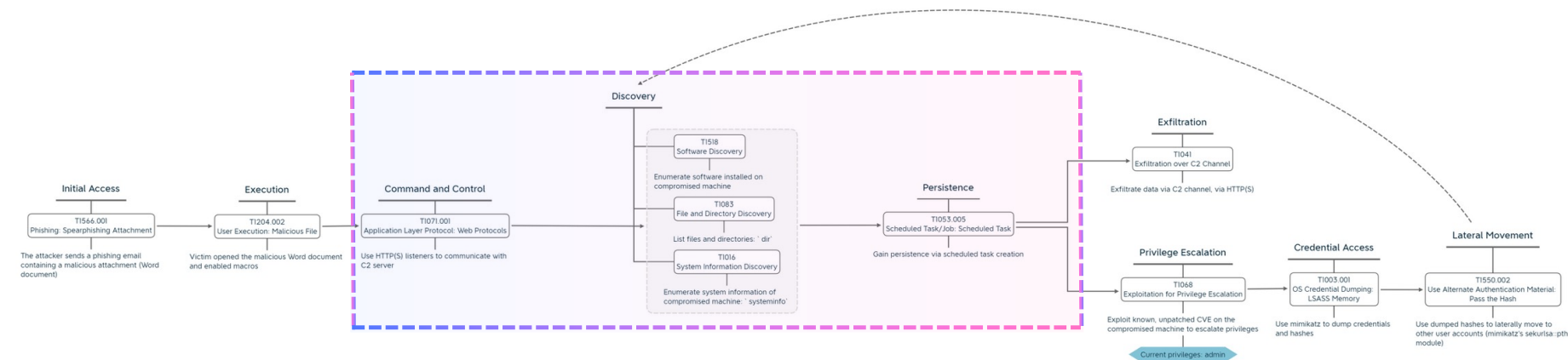
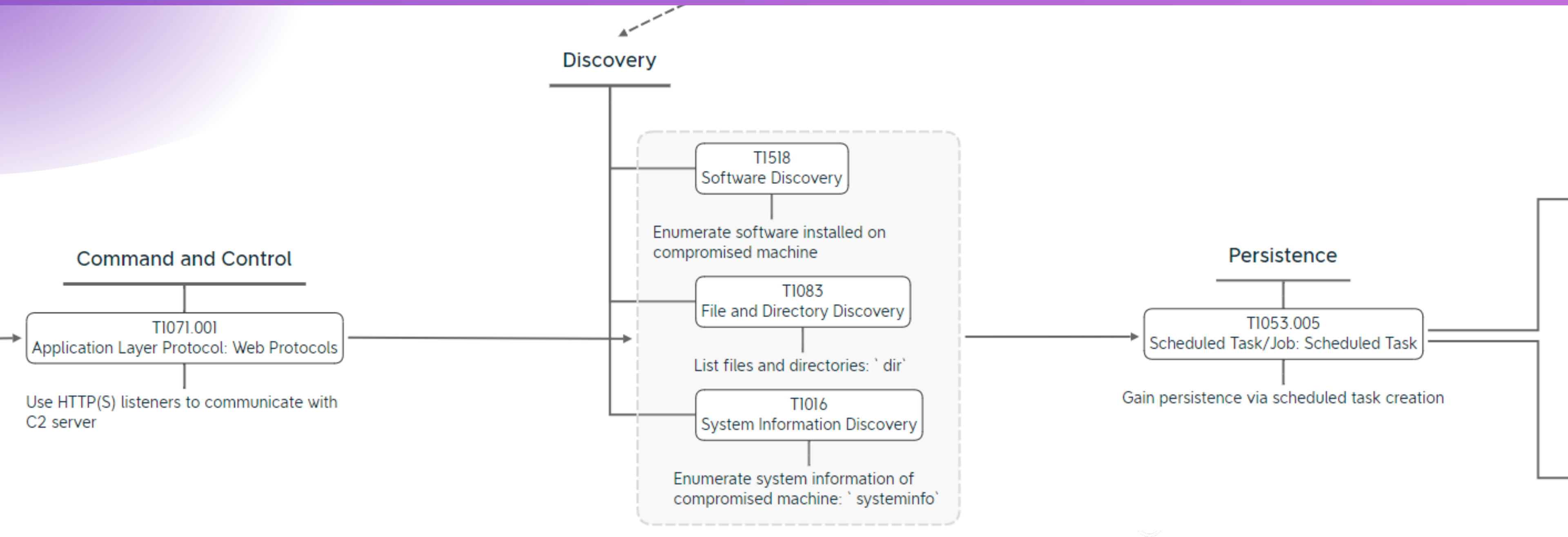
Procedure



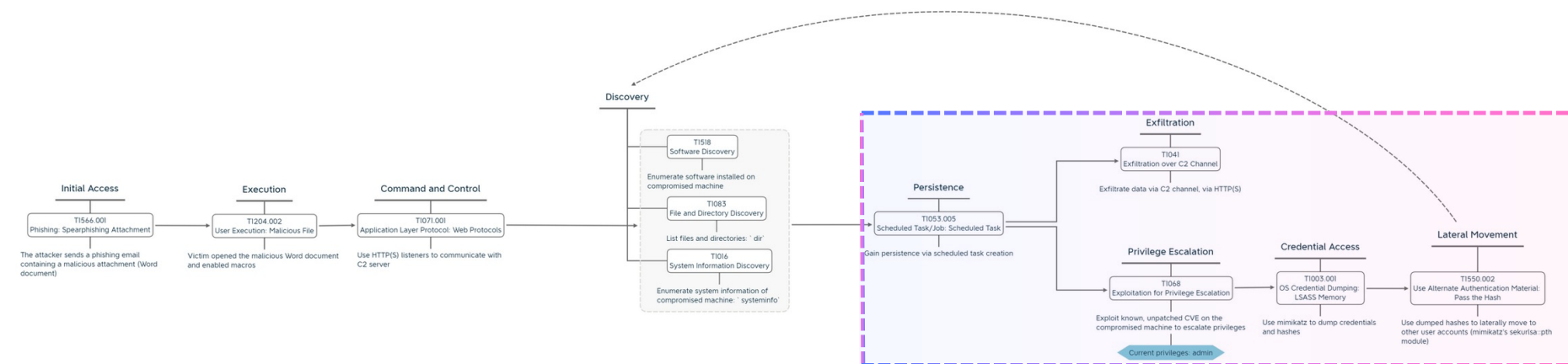
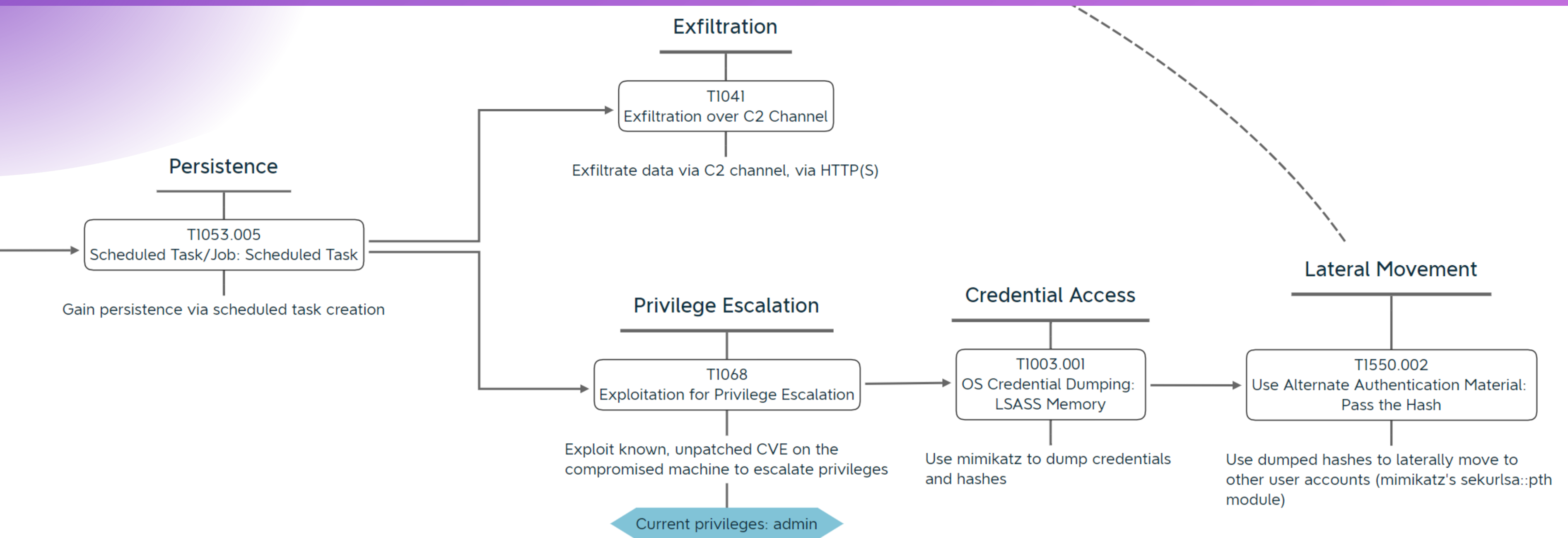
Start of Campaign



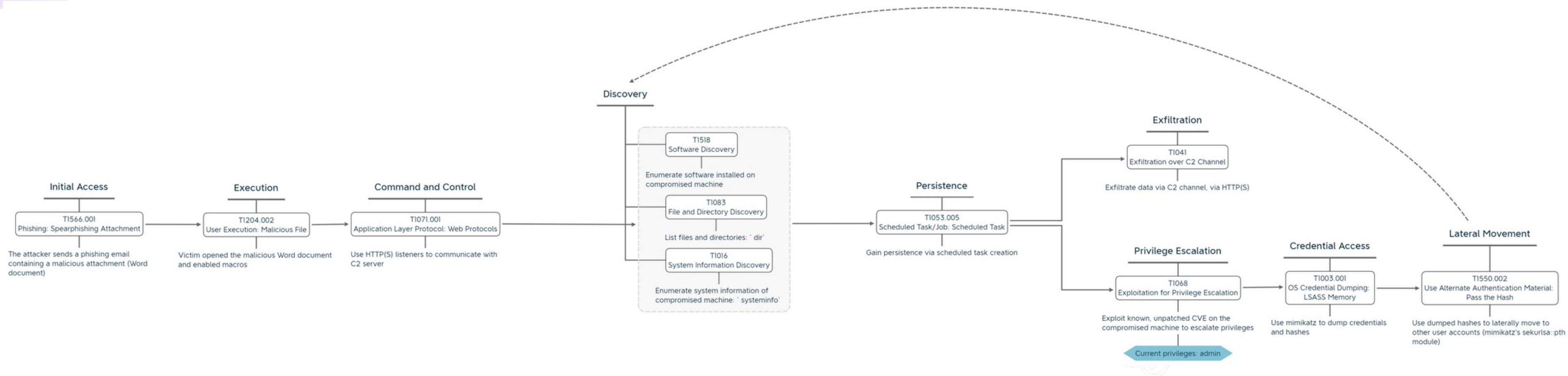
Middle of Campaign



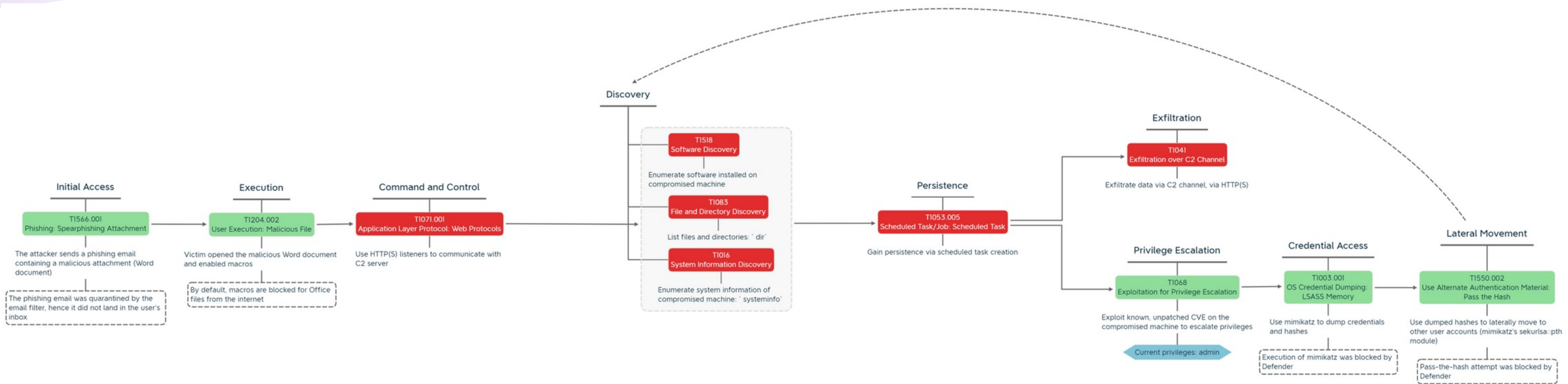
End of Campaign



Iterative Cycle



Post-Exercise: Defensive Controls



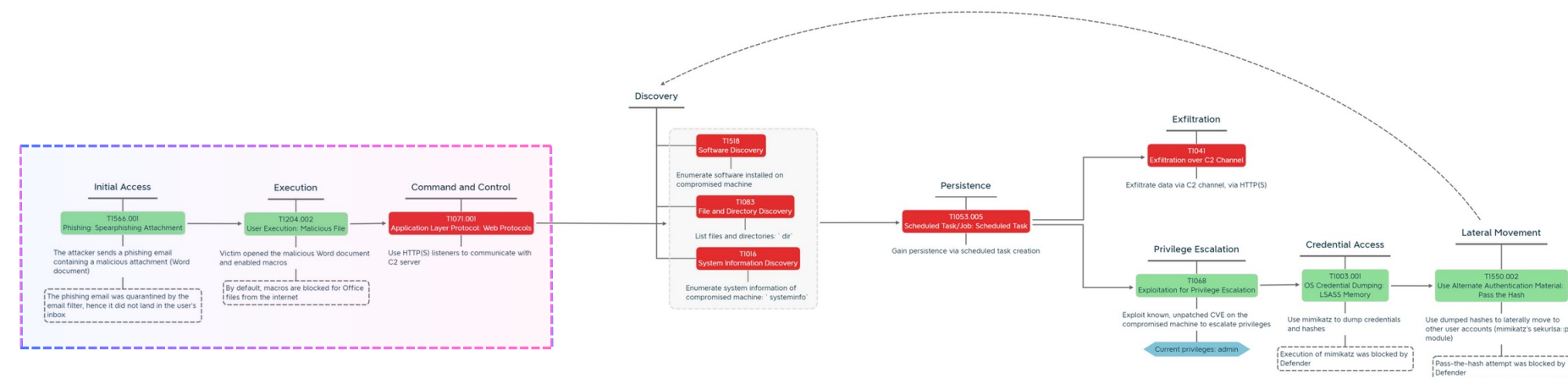
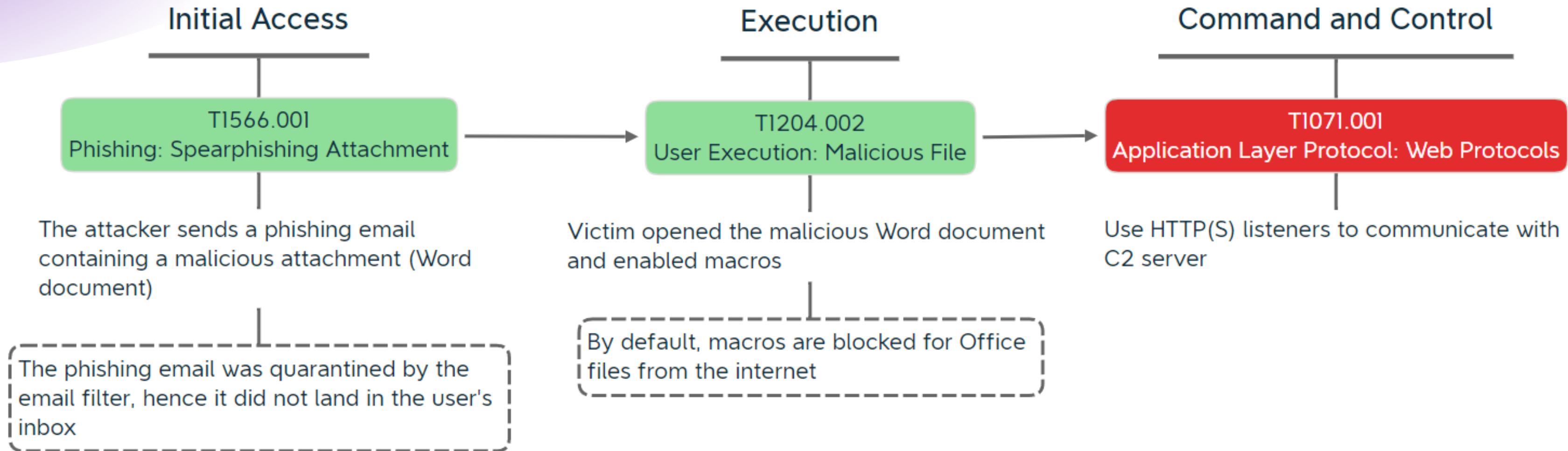
Legend

Green: TTP with defensive control

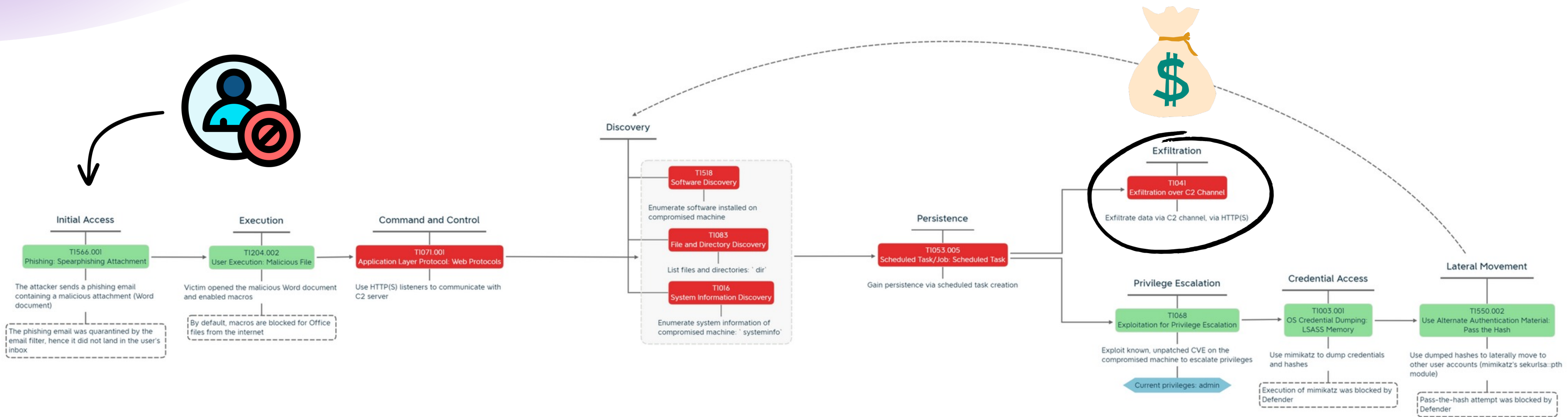
Red: TTP without defensive control

Dotted rectangle: Defensive control

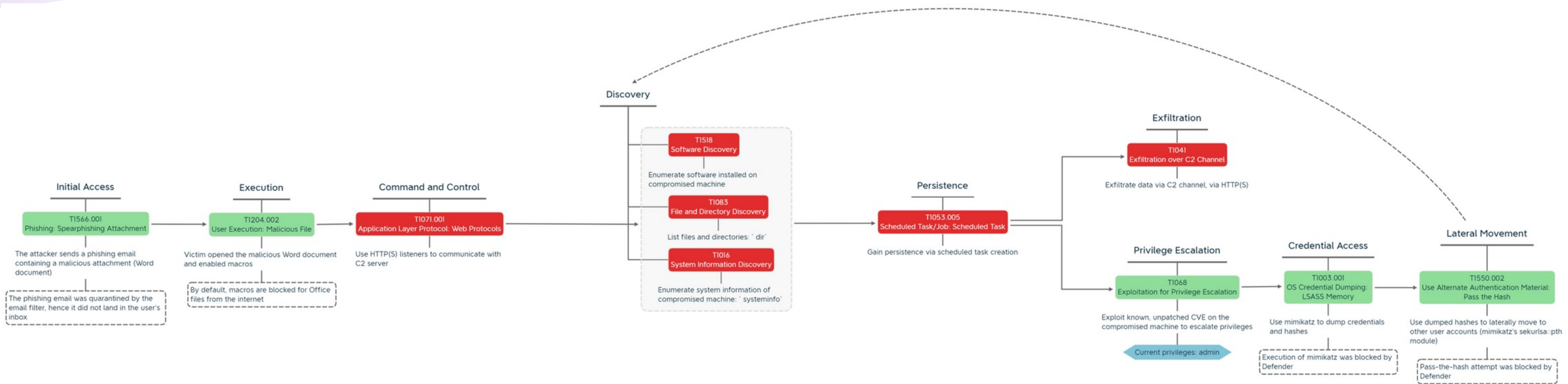
Defensive Controls: Start of Campaign



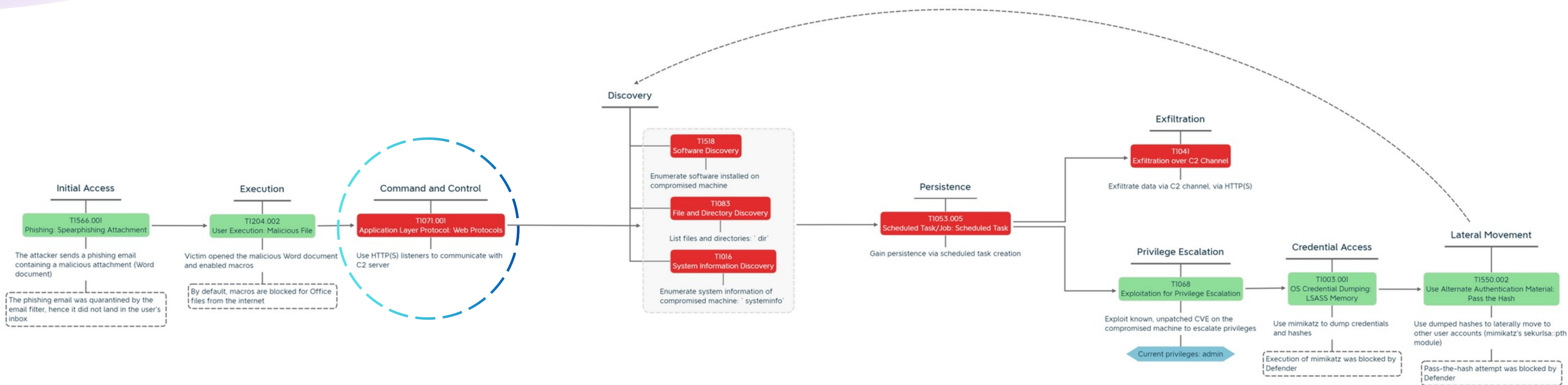
Defense-in-depth



Key Takeaways from Attack Flow



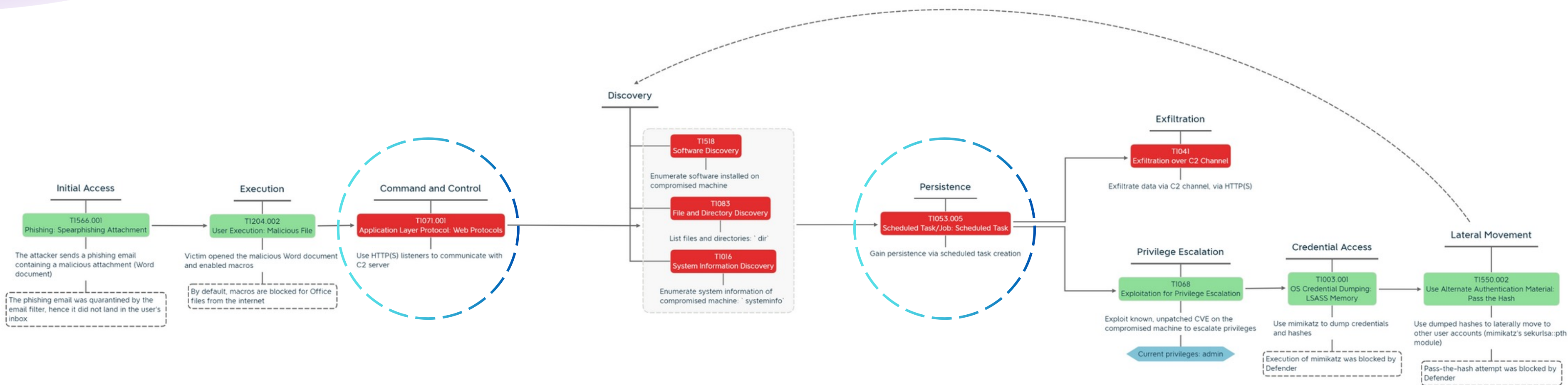
Key Takeaways from Attack Flow



Instead of trying to implement defensive measures for every technique...

- Focus on techniques at the start of the flow

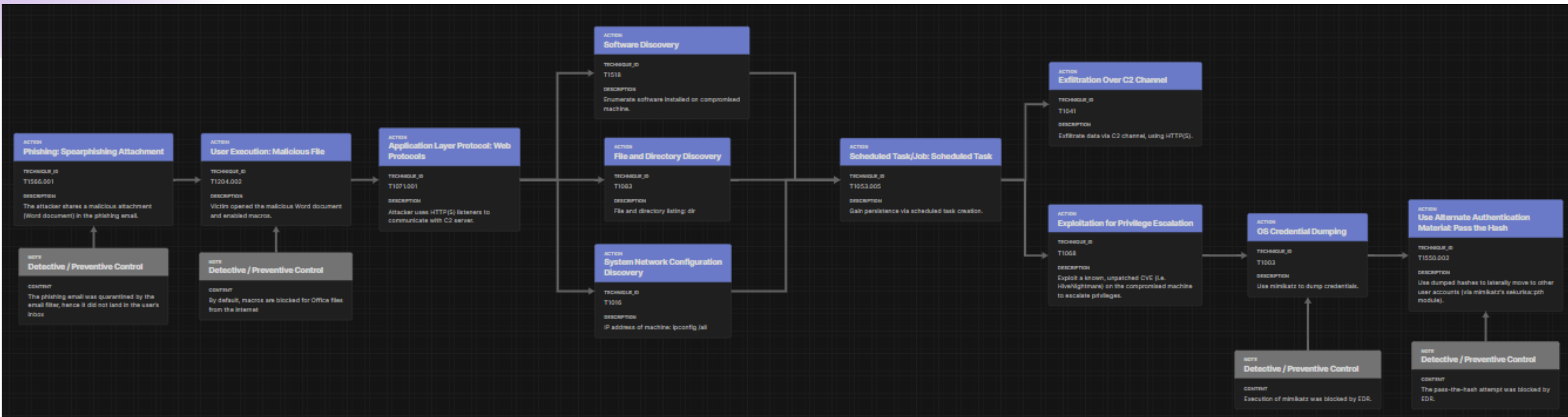
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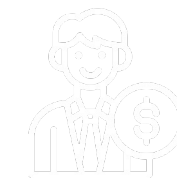
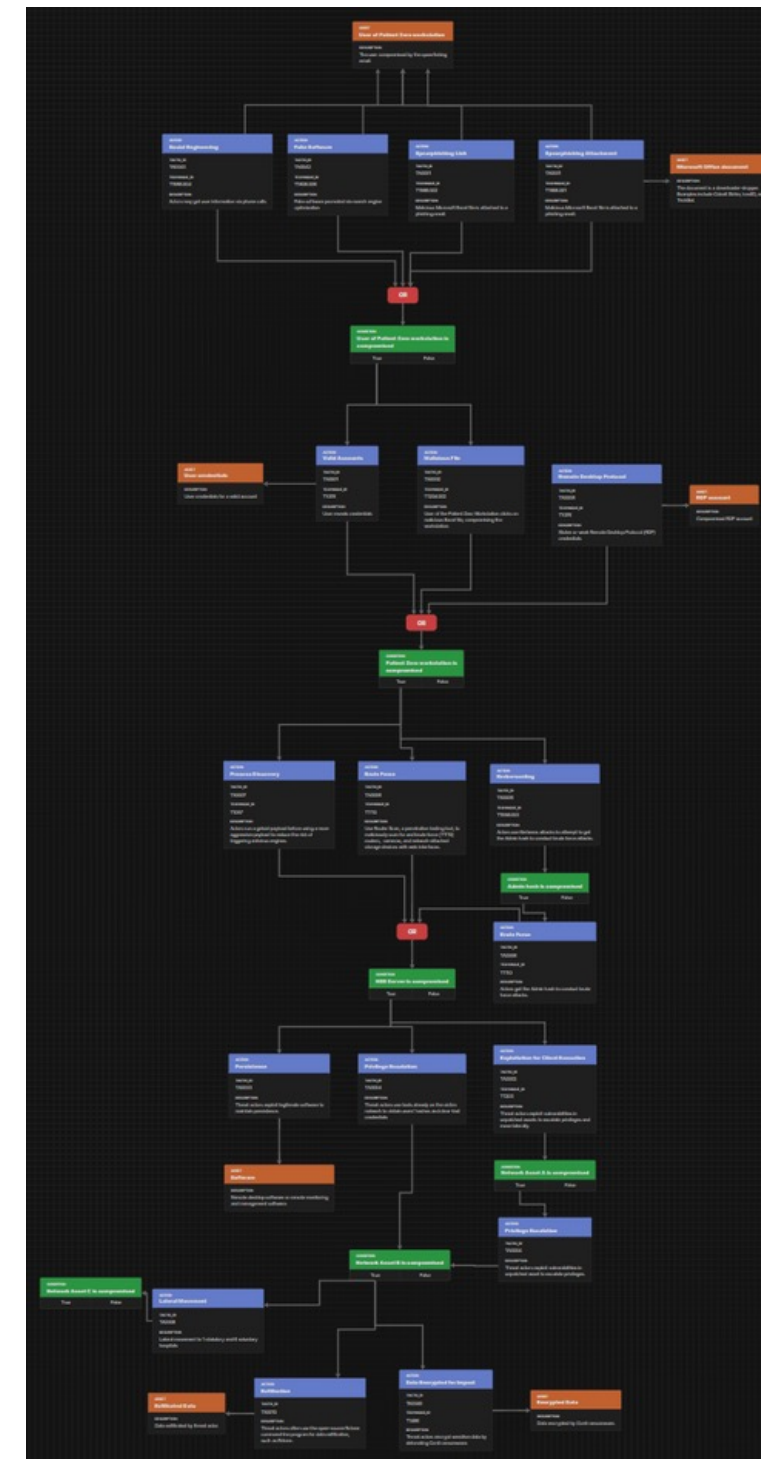
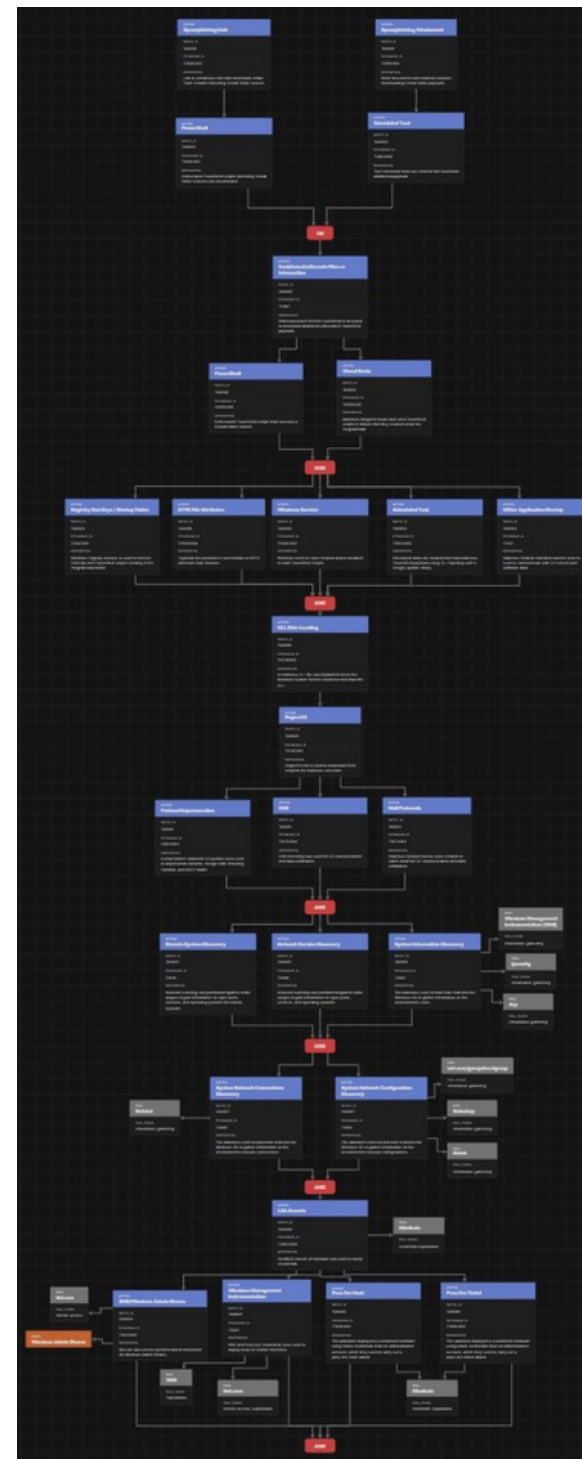
- Focus on techniques at the start of the flow
- Address chokepoints in the flow

MITRE CTID's Attack Flow Builder



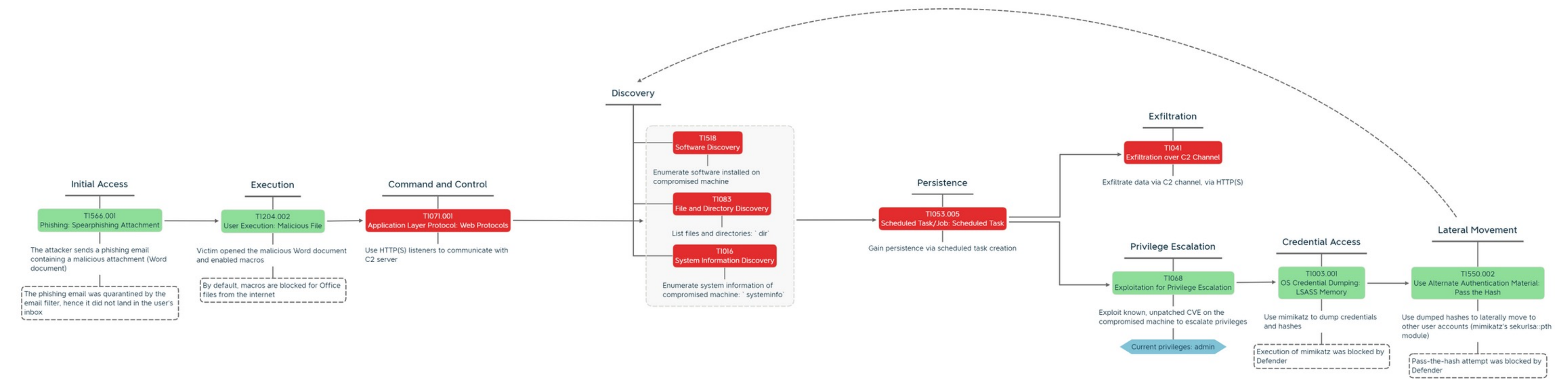
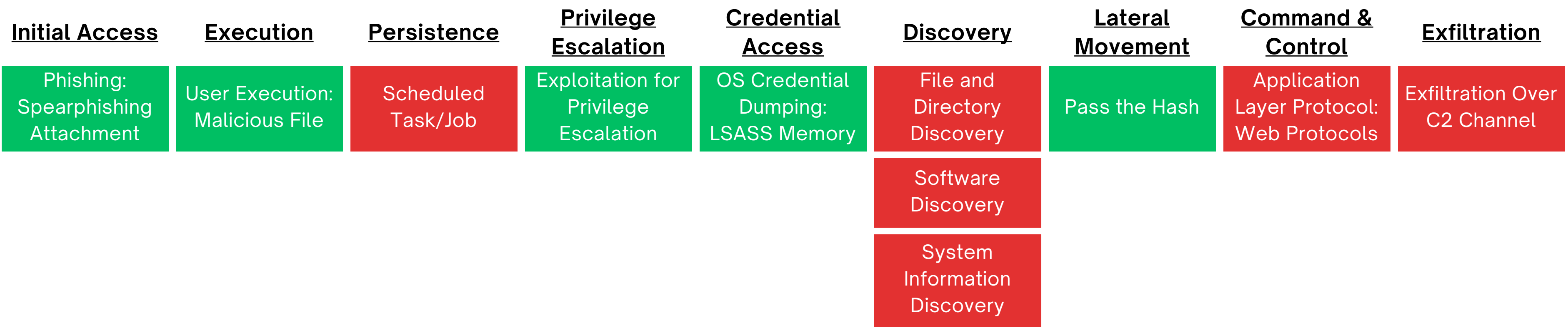
Access Attack Flow Builder at: <https://center-for-threat-informed-defense.github.io/attack-flow/ui/>

More Examples of Attack Flows



- Attack Flows from MITRE CTID's corpus
- Access them at: https://center-for-threat-informed-defense.github.io/attack-flow/example_flows/

Heatmap vs Attack Flow



Conclusion

Heatmap



Attack Flow

helps us to
allocate resources
more efficiently



Thank you